

# Global health: developing leaders

## Non-Communicable Diseases and the 2011 UN summit: Future trends in global health programme

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It is essential to develop leadership qualities and expertise in our healthcare workforce that encompasses advocacy on major public health issues, both in the UK and internationally. Aimed at doctors in training, the Royal College of Physicians and Alma Mata will host a series of seminars in 2011/12 to provide practical advice from leading experts on global health advocacy.

The rise in levels of non-communicable diseases (NCDs) across the world was recently highlighted at the UN summit. The aim of this inaugural seminar is to explain the roles of the multinational agencies in this agenda and look how the summit could influence the focus of global health.

### Learning objectives:

1. To appreciate the current burden of NCDs globally;
2. To identify the type of multinational agencies that may be involved in this shaping the policy agenda, and explore the reasons behind their involvement;
3. To contrast the different advocacy strategies of these agencies, and evaluate the summit outcomes with relation to their role;
4. To discuss this summit's influence on the global burden of NCDs as a result of these outcomes.

### Programme

17:30	Registration opens	
18:00	Welcome	<b>Professor John MacDermot</b> <i>International Director</i>
	Introductions	<b>Dr Colin Brown</b> <i>Chair</i> <b>Paul Lincoln</b> <i>Global burden of NCDs and reflections on the summit</i> <b>Judith Watt</b> <i>Different advocacy strategies of agencies and evaluating summit outcomes</i> <b>Professor John Yudkin</b> <i>The global spread of diabetes and access to medicines, conflicts of interest and the role of pharmaceuticals</i>
	Open discussion	
19:30	Drinks reception	

### Speaker profiles

#### **Dr Colin Brown (Chair) NIHR Academic Clinical Fellow in Infectious Diseases and Microbiology**

Colin Brown is currently attached to the Health Protection Agency through the NHS Medical Director's Clinical Fellows Scheme. Colin joins the HPA from an Epidemiology MSc at the London School of Hygiene and Tropical Medicine. He holds an Academic Clinical Fellowship in Infectious Diseases at King's College London and has held public health roles with the International Federation of Medical Students' Associations. He helps lead educational research with Alma Mata and is a Trustee for the Tropical Health and Education Trust (THET).

#### **Professor John MacDermot, International Director**

John MacDermot was appointed Hans Sloane Fellow and International Director at the RCP in August 2008. He works with the Tropical Health and Education Trust (THET), with a particular focus on the medical schools of Sub-Saharan Africa. His academic background is in biochemical pharmacology; following a research fellowship at the National Institutes of Health, he worked for most of his career at the Hammersmith Hospital. Before retirement in 2006, he was Head of Undergraduate Medicine at Imperial College London and was based at the Chelsea and Westminster Hospital.

#### **Paul Lincoln Chief Executive, National Heart Forum**

Paul Lincoln has worked in public health for over 27 years. He is currently Chief Executive of the National Heart Forum, an alliance of national chronic disease charities and professional, health, social policy and consumer organisations focusing on the primary prevention of coronary heart disease and avoidable linked conditions. He is an adviser to the WHO and a member of numerous Government expert public health advisory groups. He was awarded an OBE in 2008 for services to healthcare.

#### **Judith Watt**

Judith Watt is a freelance consultant, currently working with the NCD Alliance as their Campaign Coordinator for the UN Summit on NCDs. For most of the last 20 years, Judith has worked on international tobacco control and at a national level in the UK and Australia. She has developed and managed tobacco control grants programs for low- and middle-income countries for philanthropists George Soros and Michael Bloomberg.

#### **Professor John S Yudkin, Emeritus Professor of Medicine and former Director, International Health and Medical Education Centre, University College London**

John Yudkin has had a continuing interest in health and development throughout his career. In 2000 he founded and became Director of UCL's International Health and Medical Education Centre, raising the profile of global health in the undergraduate medical curriculum. He is a Patron of Medsin and an admirer of Alma Mata. He has pursued research interests in several areas relating to cardiovascular risk, both in diabetic and non-diabetic subjects. In particular his research interests are focused on novel components of the insulin resistance syndrome. In the last 10 years, his work has increasingly focused on access to health care in low income countries, evidence-based practice and guidelines.

#### **The partners**

##### ***Alma Mata***

The Alma Mata Global Health Graduates' Network provides a forum for all doctors in training interested in global health issues. With over 1000 members, Alma Mata hosts an online resource that collates regular updates on news, events, education and careers related to global health, and holds lectures and conferences in the field of global health.

Alma Mata seeks to develop clearer pathways for postgraduate education and careers in global health, to facilitate change and to build capacity. One of the founding principles of Alma Mata is to enable junior doctors to engage in global health through opportunities in postgraduate education, training and advocacy.

<http://www.almamata.net/>

##### ***Royal College of Physicians***

The Royal College of Physicians (RCP) supports and represents physicians in the fast-paced, ever-changing world of medicine. The RCP has made major contributions to redefining the role of the physician in the 21<sup>st</sup> century, with an emphasis on leadership, teamwork and self-development. The policy themes that underpin our vision focus on continuous improvement, reducing health harms and responding to government. We support our physician fellows and members during every stage of their careers, and in doing so improve the quality of patient care, and set and monitor standards of medical training to ensure that patients are treated by fully trained and capable doctors.

In addition to supporting physicians in their daily practice, we take a wide role in public health. Our activities include campaigning for change, advising government and Parliament, and taking part in national and international debates on medical, clinical and public health issues.

<http://www.rcplondon.ac.uk/>